Dear YES Community:

Thank you so much for your support and partnership with Youth Eastside Services (YES) in 2019 to collectively impact and transform the lives of the children, youth and families we serve. Because of you YES was able to work with thousands of individuals and families, as well as advocate for change on a community-wide level.

This past year brought us many challenges as well as opportunities. Sadly, we continued to see locally the same trend seen on the national level of increased mental health challenges in our youth, especially depression, anxiety and suicidality. The increased demand for services — particularly mental health and substance use treatment — overloaded not just YES but our community partners and the sector as a whole. There were young people in our community lost to suicide, and as you likely saw in the news, Fentanyl overdoses. YES also experienced the challenge seen across the entire mental health sector of simply not enough clinicians in the workforce.

In a proactive response for our community’s youth, YES continued to expand clinical work in 2019 using impactful evidence-based therapies. We moved to a team-based approach of therapists, case managers and psychiatrists who work in collaboration. In response to the rising demand, we increased access to our services with the addition of Saturday appointments. We continued to advance our prevention work in schools, advancing universal mental health screenings for students, which includes assessments and responses to suicidality and substance use. We provided more opportunities for community education with Youth Mental Health First Aid classes and support groups for parents or caregivers of teens with anxiety and depression. We also took a deeper dive into issues of diversity and grew our staff to reflect the growing diversity in our community. Our critical work with our Latinx youth community continued as we saw more challenges related to immigration status.

Please know your generosity and support of YES is truly making a significant and ongoing impact. You empower us to be forward-thinking and able to continuously adapt to the most current and emerging needs of our community. We sincerely thank you for leaning in and making it possible for us to carry forward this important work of the YES mission.
Thank you to our generous donors in 2019. We are grateful for every gift!

CORPORATIONS & FOUNDATIONS

- Amazon
- Amazon Smile Foundation
- Auto Connections of Bellevue
- Bailey Group Philanthropy
- BECU - Tukwila Financial Center
- Bellevue Sunrise Rotary Foundation
- Bill & Melinda Gates Foundation
- Byron & Alice Lockwood Foundation
- Caliber Home Loans
- Catania Family Foundation
- Columbia Pacific Wealth Management
- Community Health Plan of Washington
- Costco Wholesale
- CVS Health
- D.A.Voice Corporation
- Eastside Friends Meeting
- Ernst & Young LLP
- First Rate Insurance
- Firstline Systems Inc.
- GBC International Bank Foundation
- Honda Auto Center of Bellevue
- Horizons Foundation
- HST Construction, Inc.
- JP Morgan Chase
- Kaiser Permanente
- Lake Washington High School Boys Varsity Soccer Team
- D.V. and Ida J. McEachern Charitable Trust
- McEachern Family Foundation
- Medina Foundation
- Michael’s Subaru of Bellevue
- Michael’s Toyota of Bellevue
- Microsoft Corporation
- MIO Pizza
- MULFG Union Bank Foundation
- Nintendo of America, Inc.
- None Will_Perish Foundation
- Nomichi Foundation
- Norman Archbald Charitable Foundation
- Overtake Medical Center & Clinics
- Parker Smith & Feek, Inc.
- Paul M. Anderson Foundation
- PCC Community Market
- Perkins Cole LLP
- Port Madison Enterprises
- Price Philanthropies Foundation
- Puget Sound Energy Foundation
- RealNetworks Foundation
- Redmond Basketball Booster Club
- RLP Tax and Accounting
- Robert Vason Foundation
- Rotary Club of Bellevue
- Safe Crossings Foundation
- Salko Insurance Fund
- Liberty Mutual Foundation
- Sammamish Rotary Foundation
- Scattoz Corporation
- Schmidt Financial Group
- Schultz Family Foundation
- Seattle Children’s Hospital
- Seattle Mariners Baseball Club
- Seattle Times Fund
- for the Needy
- Sheng-Yen Lu Foundation
- Southern Sky LLC
- State of Washington
- Combined Fund
- Sterling Realty Organization
- Stifel RIMG Group
- Swedish Health Services
- Sweeney Conway, P.S.
- Symetra Foundation
- The Foster Foundation
- The Hudson Bay Way Foundation
- The Summit Family Foundation
- Tulalip Tribes Charitable Fund
- Tyee Middle School PTSA
- Umbra Bank
- Umbra Bank Charitable Foundation
- United Methodist Women
- United Way of the Bay Area
- Wells Fargo Foundation
- Windermere Foundation

IN-KIND

- Diane Adam
- Susan Bean
- Chris & Indy Behrman
- Gina Calabu
- First Rate Insurance
- Amy Galanes
- Molly & Blaise Goudy
- Emily Johnson
- Melissa Karais
- John & Cristi Ludwig
- Chuck Malmsten

MATCHING GIFT COMPANIES

- Aetna Foundation
- American Express GBT
- Arch Mortgage Insurance Company
- BECU
- Bill & Melinda Gates Foundation
- Boeing
- Cambia Health Foundation
- Cardinal Health & Air Compass
- Costco Wholesale
- DocuSign
- Expedia
- FS Networks
- Google
- John Hancock
- JP Morgan Chase
- Liberty Mutual
- Mary’s
- Microsoft
- Morgan Stanley
- Nintendo of America, Inc.
- Nordstrom
- Palis Alto Networks
- Premier Blue Cross Blue Shield
- SAP Software Solutions
- Symetra
- T-Mobile
- Tableau
- UHG

GIFFTS MADE IN TRIBUTE

- In memory of Anna Coy
- In memory of Carl Lawrence Anderson
- In memory of Christina White
- In memory of Eddie Morris
- In memory of Juanita Schmidtkofer
- In memory of Judd Lees

Provide for the Future and Help the Most Vulnerable

Making a gift to YES in your will, trust or beneficiary designation is an easy and meaningful way to invest in the future of our community.

Your planned gift can help provide critically needed mental health and substance use services to children and youth regardless of their family’s ability to pay, well into the future.

CHOOSE THE RIGHT GIFT FOR YOU:

- Gifts in your Will or Living Trust
- Gifts by Beneficiary through your IRA, Life Insurance Policy, Bank or Brokerage Accounts, or Savings Bonds.
- Gifts through your annual IRA distributions

Be remembered as someone who made our community better by helping future generations of children grow up living their lives to the fullest.

To notify us of a gift and join YES’ Legacy Circle, or to discuss the best gift option for you, please contact Lisa Hay, Chief Advancement Officer at 425-586-2328 or lisah@youtheastsidesservices.org

LEGACY SOCIETY

- Diane Adam
- Cherie & Mary Ann Baker
- Melrose Bruce
- Linda Carson
- Andrea Chicha
- Betty Drumheller
- Brian Ebert
- Victoria Evans
- Jennifer & Donnie Ivan
- Lynda & Ralph Lisa
- Mens & Todd Menenberg
- Caroline Morris
- Vicki Orser
- Linda & Marty Penhaligon
- Morris Ramsey
- Linda & Steve Reichenbach
- Toby & Sue Richards
- Jennifer & Larry Rush
- David Serkin-Poole
- Patti Skelton-McGougan & Drew McGougan
- Melissa Stuart
- Kay Jeanne Thompson
- Sarah & Scotty Torrey
- Doug & Diane Vetter
- Kathryn Volk
- Rich Wagner
- Cliff Warner

2019 FINANCIALS

REVENUE

- Government & School District $ 3,405,159
- Contributions & Special Events $ 1,979,857
- Insurance $ 647,208
- Investment & Other $ 411,291
- In-Kind $ 310,953

Total Revenue $ 6,754,468

EXPENSES

- Youth & Family Counseling $ 2,670,301
- Substance use & Co-occurring Disorder Services $ 1,609,466
- Outreach/Prevention/Community Education $ 523,603
- Administration $ 651,620
- Fundraising $ 741,166

Total Expenses $ 6,195,620

Total Assets $ 12,351,083

Total Liabilities $ 200,684

Total Net Assets $ 12,150,399
YES reached over 6,000 individuals in the Bellevue, Kirkland, Redmond and Sammamish communities.

YES served over 7,500 children, youth and family members with direct behavioral health services and programs.

$300 - $600 of YES clients qualify for financial assistance.

More than 25% of YES clients completed their treatment goals.
Focusing on youth at risk of dropping out of school, YES Latinx programs helped 129 young people benefit from YES’ psychiatric services.

YES staffed over 197 local schools in the Lake Washington and Bellevue School Districts.

YES provided services to 189 families and their caregivers.

YES Homelessness Prevention Program helped 60 families remain housed.

YES apologized for any mistakes or accidental omissions from this list of our valued supporters. Please contact us at 425-586-2318 to report any errors.

For a complete list of supporters visit www.yeastrofashelpdeservice.org/about/supporters.

YES does not sell or trade donor name or addresses. All information is held in the strictest confidence.
Your gift is making an impact in the lives of young people.

Chloe, 17
Chloe got a walk-in assessment through YES Open Access. "We walked in, asked if we could see a counselor, and they got us in within the hour. And I got a counselor."

Anthony, 9
YES multi-lingual family counseling helped Anthony with the loss of his sister. "The support Anthony and our family received made us feel more 'tranquillo.'"

Leo, 18
Leo accessed mental health counseling services during the COVID-19 pandemic. "Having the option to see a therapist has made all the difference."

Anya, 16
Anya used YES mental health counseling to manage her anxiety. "Therapy helped me realize that I already knew how to handle my anxieties, and I just had to build the confidence to trust myself."

Keth, 18
Keth found belonging and friendships at YES’ LGBTQ+ support group, BGLAD. "Everyone there is your friend. BGLAD helped me reach out and open up to others."

Jorge, 11
Jorge found a friend and mentor through YES’ SUCCESS Mentoring Program. "I was very nervous when I first met my mentor George, but he helped me gain confidence."

Alex, 18
Alex received in-school substance use treatment and is now sober. "I never would’ve imagined how great my life is thanks to these groups and my sobriety."

Liam, 17
Liam discovered his potential through a YES community-based counselor at the Kirkland Teen Union Building. "He helped me find out who I really am and see my potential, and now I’m on my own journey to the impossible."
MISSION

Youth Eastside Services (YES) is a lifeline for kids and families coping with challenges such as emotional distress, substance abuse and violence. Through intervention, outreach and prevention, YES builds confidence and personal responsibility, strengthens family relationships, and advocates for a safer community that cares for its youth.