



COVID-19 SPECIFIC RESOURCE LIST

COVID-19 CALL CENTER – KING COUNTY

WHEN: Open daily, 8am-7pm, PST

WHAT: King County has opened a call center to answer COVID-19 questions. The best source of information for you and your family during this evolving situation is [Public Health- Seattle & King County](#).

QUESTIONS? Who to call:

- If you are in King County and believe you were exposed to a confirmed case of COVID-19, or if you're a healthcare provider with questions about COVID-19, contact the Novel Coronavirus Call Center: **206.477.3977**.
- For general questions about COVID-19 or Washington State's response, please call the Washington State Novel Coronavirus Call Center at **800.525.0127**.
- If you have symptoms like cough, fever, or other respiratory problems, call your healthcare provider. Isolate yourself and wear a mask before leaving your home. Do not go to the emergency room; emergency rooms need to be able to serve those with the most critical needs.
- If you are having a medical emergency, call **9.1.1**.

MORE INFO: Visit www.kingcounty.gov/COVID and alert.seattle.gov for the most up-to-date information, and sign up for [@AlertSeattle](#), the City of Seattle's emergency notification system, to receive customized alerts via text, email, voicemail, Facebook, or Twitter (msg and data rates may apply).

CHILDCARE

[Boys and Girls Club \(select clubs\)](#): there are no additional costs for current club members and new teen members would pay a \$50 membership fee. New non-teen members would pay a \$50 membership fee and a \$25/day fee.

YWCA: The YMCA of Greater Seattle is transforming its King County branches into child care centers dedicated to serving the families of essential and front line workers that is free of charge. There are 18 locations that provide childcare Mon-Friday 7:30am-5:30pm for Pre-k, Elementary and early middle school.

Learn more by emailing: registration@seattleyymca.org

DOMESTIC VIOLENCE ASSISTANCE

[EASTSIDE FOR ALL](#): provides a list of local domestic violence resources.

EMERGENCY FINANCIAL ASSISTANCE

Catholic Community Services: Wed. 2-4 pm and Fri. 10am-Noon: 425-213-1963 or 206-323-6336
Hopelink: 425-943-7559 or 425-943-7555
Lifewire (Domestic Violence support available): 425-749-8369 or 425-746-1940
Salvation Army: 425-452-7300
Solid Ground (available through 2-1-1): 2-1-1

[Disaster Cash Assistance Program \(DCAP\)](#): The DCAP is available for one month, in a 12-month period, to all Washington families and people without children, who meet income and resource rules and who are not eligible other cash programs, such as:

- Temporary Assistance for Needy Families (TANF)
- Aged, Blind or Disabled (ABD) cash or Pregnant Women Assistance (PWA)
- Unemployment Compensation
- Paid Family & Medical Leave through ESD or their employer.

[Temporary Assistance for Needy Families \(TANF\)](#): provides temporary cash and medical help for families in need. Refugees and immigrants may be eligible for TANF if they meet program criteria. The governor has expanded the eligibility requirements of the Family Emergency Assistance Program to include families without children.

[The Plate Fund](#)- Financial assistance for food service or restaurant workers who lives in King County, and has experienced a reduction in hours or been laid off as a result of the COVID-19 crisis can apply, including dishwashers, cooks, servers, bartenders, food truck employees and cafe attendants. People already receiving government support should not apply so people more in need may access these emergency funds.

[Scholly covid-19 student relief fund](#): providing \$200 in cash assistance, to help provide essential financial help to buy groceries, health supplies, and other necessities to those in need. This grant is available to students, parents of a student (high school – college), or graduates.

FOOD

[COVID-19 South King County and Eastside Mutual Aid](#): Neighbors Helping Neighbors. Mutual aid support for survivors, sick & disabled, immunocompromised, undocumented, black, queer, indigenous, and or people of color. If you would like to have groceries dropped off, please follow link to complete form.

[Supplemental Nutrition Assistance Program](#): helps people with low incomes make ends meet by providing monthly benefits to buy food.

NEWS: Congress approved [supplemental funding](#) for Basic Food recipients in March and April 2020 due to the impacts of COVID-19. You can learn more about these supplemental benefits [here](#) ([Cambodian](#), [Chinese](#), [Korean](#), [Laotian](#), [Russian](#), [Somali](#), [Spanish](#), [Vietnamese](#)).

[Northwest Harvest SODO Community Market](#): offering pre-bagged produce, prepared foods, and shelf-stable groceries right at the door. This is open to anyone of ANY AGE. Located at 1915 4th Ave S, near the corner of 4th Ave S & S Holgate St.

Meals on Wheels: Meals on Wheels provides free home-delivered meals for individuals age 60+ who are unable to leave their homes. If you are under age 60, you can pay \$7 per meal to have your meals delivered.

Renewal food bank

Highland Covenant Church

15022 Bel-Red Road

Bellevue, Washington 98007

- Mondays 10:00 am - 1:00 pm
- Tuesdays: 4:00 pm – 6:30 pm
- Wednesdays: 10:00 am – 1:00 pm

Families can visit one time per week.

Families will need to provide proof of address and your ID on your first visit.

Each time an individual visits, they must bring their ID.

Families will receive 2-4 bags depending upon your family size.

It is recommended that individuals bring their own reusable shopping bags.

Salvation Army

911-164th Ave NE, Bellevue

Free dinner Mon.-Fri. 6-7pm

425-452-7300

Hopelink

Hopelink's Food Assistance program is providing service remotely and food in pre-packed boxes. Call 425.869.6000 or the local Center for more information. The amount of food families will be able to receive will be based on family size.

Bellevue

14812 Main St

Bellevue, WA 98007

Tuesdays | 12 - 4PM

Wednesday | 3 - 7PM

Thursday | 10AM - 2PM

Kirkland

11011 120th Ave NE

Kirkland 98033

Tue 12-4pm, Wed 3-7pm, Thu 10am-2pm (Call ahead to schedule appointment)

425.889.7880

Redmond

8990 154th Ave NE

Redmond 98052

Tuesdays | 12 - 4PM

Wednesday | 3 - 7PM

Thursday | 10AM - 2PM

FREE GRAB AND GO MEALS SITES THROUGH BEL & LWSD SCHOOL DISTRICTS

**all children up to 18yrs of age are eligible to receive a free packed breakfast/lunch meal at the sites below. Children do not need to be enroll in that school district to receive meals, but they do need to be present. Meals are “grab and go” - Students will not stay on-site to eat. For more specific details to each school district please visit their websites.*

BELLEVUE SCHOOL DISTRICT

GRAB & GO MEALS

**Kids must be present to receive meals*

Location:

- Sammamish High School | **M-F | 11 am – 1 pm**
100 140th Ave SE, Bellevue, WA 98005
- Lake Hills Elementary | **M-F | 11 am – 12 pm**
14310 SE 12th St, Bellevue, WA 98007
- Stevenson Elementary | **M-F | 11 am – 12 pm**

Adults may purchase meals (breakfast \$3.25; lunch \$4.75). For more information, contact Nutrition Services at [\(425\) 456-4507](tel:4254564507).

PRE-ORDER MEALS

Important: There will be no Meal Pre-Order service on Friday, April 17 due to a district holiday.

- Meals will be delivered Monday through Friday from March 26 through April 24.
- Free lunch for children age 18 and younger.
- Free breakfast will be delivered with each lunch ordered.
- Children do not need to be enrolled in the Bellevue School District.
- 31 pick up locations (see below).
- Meals must be preordered each day between 6:00 p.m. and 9:00 a.m.

PRE-ORDER HERE

LAKE WASHINGTON SCHOOL DISTRICT: To help support families during the school closure due to the coronavirus, Lake Washington School District is committed to providing **FREE** healthy and nutritious breakfast and lunch to any child 18 and under.

***Starting Friday, May 1, additional lunches and breakfasts for the weekend will be included when picking up Friday meals.**

United Way Free Meals for Kids and Teens: provides grab and go meals.

FREE COVID-19 TESTING FOR HIGH-RISK PEOPLE WITHOUT ACCESS TO HEALTH CARE

DOWNTOWN PUBLIC HEALTH:

WHEN: Walk-up/drive-through hours are Monday – Friday, 8:30am– 3:45pm; no appointment needed

WHERE: Downtown Public Health Center: [2124 4th Ave, Seattle, WA 98121](https://www.dph.seattle.gov/locations/2124-4th-ave)

WHAT: Free COVID-19 testing is now available from Public Health – Seattle & King County for people with symptoms of COVID-19 who are at highest risk for severe illness from the disease and don't have regular access to health care. Symptomatic health care providers, workers in congregate care settings, and people working in critical infrastructure occupations will also be served.

Any staff or resident of a shelter with any of the following symptoms are eligible for testing:

- A new fever (100.4°F or higher), or a sense of having a fever*
- A new cough that you cannot attribute to another health condition*
- New shortness of breath that you cannot attribute to another health condition*
- A new sore throat that you cannot attribute to another health condition*
- New muscle aches (myalgias) that you cannot attribute to another health condition, or that may have been caused by a specific activity (such as physical exercise)*

This clinic will specifically serve people with symptoms in the following categories:

- Individuals in high-risk groups (e.g., elderly, underlying medical conditions, pregnant women, and people living homeless)
- Healthcare workers or workers in congregate care settings (including: hospital, department of corrections, juvenile detention centers, mental/behavioral health clinics, long-term care facilities, permanent supportive housing and shelters)
- People working in critical infrastructure occupations (e.g. congregate settings such as homeless shelters)

**Please note: When you arrive, please remain at least 6 feet away from others. We may ask you to wear a mask while you are screened and awaiting testing.*

SWEDISH

- **Swedish Issaquah | 751 NE Blakely Dr, Issaquah, WA (parking garage)**
Mon-Fri, 11 a.m. – 3 p.m.
- **Swedish First Hill | 515 Minor Ave., Seattle, WA (Suite 170)**
Mon-Fri, 10 a.m. – 5 p.m. (no testing between 12 to 1 p.m.)

HEALTH INSURANCE/ HEALTH INSURANCE ASSISTANCE

Washington Healthplanfinder: In response to the ongoing Coronavirus (COVID-19) situation in Washington state, the Washington Health Benefit Exchange (Exchange) today announced it is extending the current special enrollment period for individuals who are uninsured.

***The original special enrollment period, that ran from March 10, 2020 through April 8, 2020, will now continue through May 8, 2020. Coverage will start May 1, 2020 for customers who enroll after April 8.**

Apple Health Programs: available to adults ages 19 – 64. See link for additional eligibility requirements.

SEA MAR WASHINGTON HEALTHPLANFINDER ENROLLMENT ASSISTANCE

Over the phone enrollments are available Monday-Friday 8 am – 5 pm

Sea Mar CHC Certified Navigators

seamaripa@seamarchc.org

1-855-289-4503

****Please have the following information with you when you call:***

- ID or driver's license
- US passport, legal resident card or certificate of citizenship or naturalization documentation
- Proof of income
- Current health plan info if any
- Birthdates for all family members
- Social Security Numbers
- Tax filing status

HOUSING

If you are not able to afford your rent or mortgage for the month because of the pandemic, contact your landlord or lender immediately. Many lenders are deferring payments for homeowners.

MORTGAGE ASSISTANCE & INFORMATION

[Washington State Dept of Financial Institutions](#)

[US Department of Housing & Urban Development Moratorium on Foreclosures of FHA Loans](#)

Washington Homeownership Hotline - (877) 894-4663 - If you have any questions related to homeownership during this crisis, you can call this number. For information on mortgages during the pandemic, visit their website. (<https://dfi.wa.gov/homeownership>)

RENTAL ASSISTANCE

[Saint Vincent de Paul Financial Assistance](#) - (206) 767-6449 - This non-profit offers personal assistance with food, clothing, gasoline, medicine, rent, utilities, and transportation to people facing economic or emotional crises. People of all backgrounds and religions can get assistance.

United Way: If you're a King County resident who has been impacted financially by COVID-19 and are behind on your rent, you may qualify for assistance. Please see link for more information.

TENANT RIGHTS EDUCATION & LEGAL ASSISTANCE

HOUSING ISSUES

Eastside Legal Assistance Program

www.elap.org

425-747-7274

info@elap.org

Housing Justice Project

<https://www.kcba.org/For-the-Public/Free-Legal-Assistance/Housing-Justice-Project>

253-234-4204

hjpstaff@kcba.org

EVICTON PREVENTION ASSISTANCE:

[Letter to landlord if you can't pay your rent during COVID-19](#) (in English & Spanish)

Governor's [eviction moratorium](#) has been extended to June 4, 2020.

[WA State Office of Attorney General Eviction Compliant Form](#): site set up by Attorney General where tenants who have received an eviction notice during the moratorium can register a complaint.

TENANT SERVICES HOTLINE: 206-723-0500 or 206-694-6767

INTERNET/COMPUTERS

INTERNET (BROADBAND AND WI-FI)

Comcast: Comcast is offering new Internet Essentials customers two free months of internet. You will receive a self-install kit that includes a cable modem with a Wi-Fi router. You can find **more information here.**

Xfinity Hotspots: For 60 days, Xfinity Wi-Fi hotspots will be free to anyone, including non-Xfinity subscribers. All customers will receive unlimited data free of charge; and no late fees or disconnects as long as a customer contacts Comcast to explain the situation.

CenturyLink : CenturyLink is waiving late fees, offering unlimited data to its customers and not disconnecting for nonpayment for 60 days.

AT&T - AT&T: AT & T IS offering free WIFI hotspots, cancelling late fees, not disconnecting for nonpayment for 60 days. Like Comcast, AT&T is also providing free access to its public Wi-Fi hotspots. In addition, its consumer home internet wireline customers and fixed wireless internet customers would receive unlimited data.

Wave Broadband- Internet First Program: free internet and WiFi for 60 days to all qualifying low-income households, especially students in low-income households, who don't already subscribe to Wave internet service and who enroll in the new Internet First program. After 60 days, the rate is \$9.95/month for 12 months. After 12 months, individuals must reapply for discounted rate.

Verizon: Verizon is offering free Wi-Fi hotspots, cancelling late fees, and will not disconnecting for nonpayment for 60 days. • **T-Mobile - T-Mobile** is offering unlimited data to all current customers who have plans with data for the next 60 days. They will also provide additional data to mobile hotspot user.

COMPUTERS

InterConnection: nonprofit technology access organization offering refurbished laptops starting at \$109 for low-income residents. Residents must [create an account](#) and wait for it to be verified before placing an order.

JOB OPPORTUNITIES

[Amazon](#): has 100,000 new roles to support people relying on Amazon's service in this stressful time.

[Domino's Pizza](#): is looking to hire more full-time and part-time workers as more people are ordering in.

Grocery stores are hiring people to staff busy sections and fulfill online orders.

- [Albertsons](#)
- [Fred Meyer](#)
- [QFC](#)
- [Safeway](#)

UFCW: – Healthcare, grocery and retail union jobs.

[ABM Industries](#)

- Facility/Building Cleaner Jobs
- \$15.55-\$19.97/hr DOE and Location
- Questions: contact recruiter Megan Ryan Megan.Ryan@abm.com

[Bartell Drugs](#): Cashier/Clerk, Order Picker (Warehouse), Pharmacy Asst Jobs

[King County Department of Adult & Juvenile Detention \(DAJD\)](#)

- Corrections Officer (entry level) Jobs
- Entry level starting at \$64,180/year plus \$5,000 hiring incentive for entry level
- Located at King County corrections facilities in Downtown Seattle or Kent
- Questions: contact blake.bennett@kingcounty.gov

[Pacific Building Services](#)

- Environmental Services (EVS), Commercial Janitorial, & Floor Technician
- \$17-\$20/hr DOE and Location
- Questions: Anthony Macfarlane anthony@pacificbuildingservices.com

DOWNTOWN EMERGENCY SERVICE CENTER (DESC)

[DESC](#) provides integrated services including housing, emergency shelter, crisis intervention and healthcare to thousands of homeless and formerly homeless people every day. DESC is the region's largest multi-service agency serving homeless adults living with serious mental illnesses, substance use disorders, and disabilities.

Questions: contact recruiter Danny Dougan: ddougan@desc.org

[Puget Sound Security](#): provides security services throughout Washington State.

LEGAL ASSISTANCE

PROTECTION ORDERS

[Legal Atoms](#) (Protection Order Advocacy Program): a free website that allows you to prepare your complete set of court documents for Domestic Violence Protection Order (DVPO).

PARENTING CLASSES

Kinderling: offering a free parenting class beginning on Monday, May 11th and ending July 20th. The class will be on ZOOM, which I realize may eliminate some of your families. The class will meet from 6 until 8 for ten weeks. It is targeted to parents of typically developing children from 2 through 12.

Lois Ralph at 425-653-4302 or lois.ralph@kinderling.org

TELEPHONE ASSISTANCE

LAND/CELL PHONE, MEDICAL BILLS, & OTHER ASSISTANCE (CARES -GOVERNMENT FUNDED):

[Coronavirus Aid, Relief, and Economic Security \(CARES\) Act](#)

Learn about government programs to help pay for phone bills, medical bills, and other expenses. You can also learn how to apply for temporary assistance.

TRANSPORATION:

[Hopelink](#)

Non-Emergency Medical Transportation services are running normally. Mobility transportation resources are still available by phone or email. For trip planning, transportation availability updates, or help understanding how to get around, call 425.943.6760 or email Mobility@hopelink.org.

UNEMPLOYMENT FILING INFORMATION & ASSITANCE

[Employment Security Department Scenarios & Benefits Chart](#)

UNEMPLOYMENT FILING HELP AND INFO FROM WORKSOURCE:

- eServices
- Sign in to eServices to apply for and manage unemployment claims, pay taxes and more. Select "Sign in" for a complete list.
- [Sign in or create account >>](#)
- User guides: [for individuals](#) | [for employers](#)
- Need help? [See technical support](#)
- Make sure you document your username and password to enter the site anytime. You can send a message which will be answered by the department. That is where you open and/or file a claim. The most challenging issue is claimants not remembering their username and password which **must be exact** to log in again
- Remember you must apply each week (the week begins Sunday and ends Saturday) though do not wait until the last day. Your claim must be filed before noon on Friday to process payment for unemployment claims.
- Applying by phones can delay due to the in ability to get through to file or ask a question. Due to the issue by phone, when you do file you can backdate your claim to March 8.

- In our morning meeting it was shared an individual can assist a person to open a claim for \$20. I caution using this because the individual will have access to your personal information for identity theft.
- You can call an office, leave a message and a staff will respond to your request. Be sure to provide your phone # clearly so you can be contacted. Our WorkSource Rainier # is 206-721-6000. You can see my contact info below my signature. Staff are working from home to assist customers.
- If calling, please leave a message, I may be working with someone else

Terry Weber

WorkSource Rainier Access only

We are working remotely.

tweber@esd.wa.gov

Cell # is 206-402-8072

Office # is 206-721-6011

UNEMPLOYMENT LEGAL ASSISTANCE:

[Unemployment Law Project](#): may be able to provide assistance to a person who has been laid off due to business closure or slowing and has been denied unemployment benefits.

206-441-9178

Toll free: 888-441-9178

UTILITIES

Governor Inslee called on all public utilities in Washington State to suspend disconnection tariffs for nonpayment during this emergency, waive late fees for customers who are out of work or offering customers payment plans, and expand bill assistance programs for customers who are economically impacted by this emergency.

[Puget Sound Energy](#): will not be disconnecting customers, is waiving late fees, and has a new financial assistance portal for qualifying low-income customers here.

(<https://www.pse.com/pages/bill-and-weatherization-assistance>)