



BGLAD Drop-In Group

BGLAD is a weekly drop-in support group for LGBTQ youth (ages 13 to 19).

Presented by



BGLAD is co-facilitated by licensed mental health professionals who have experience in working with LGBTQ youth. They help members feel welcome and maintain the rules of mutual respect and confidentiality, as well as offer ideas and resources during group time.

When	Thursdays, 5–7 p.m.
Where	Youth Eastside Services 999 164th Ave. N.E., Bellevue • Near Crossroads Park
Group leaders	Licensed mental health professionals who have experience working with LGBTQ youth.
Cost	Free
More information	Call 425-747-4937 or email info@YouthEastsideServices.org

A lifeline for kids and families



425.747.4937
info@youtheastsideservices.org
www.youtheastsideservices.org
999 164th Ave NE, Bellevue 98008

About YES

Since 1968, YES has been a lifeline for kids and families, offering counseling, treatment, education and prevention services to help youth become healthy, confident and self-reliant, and families to be strong, supportive and loving.

Our services include:

Substance Use Treatment & Prevention

- Comprehensive youth-specific assessment
- Evidence-based counseling and treatment
- Counseling for co-occurring substance use and behavioral health issues
- Group programs for youth and parents/caregivers
- Individual and family counseling
- Aftercare and recovery support
- Support for youth impacted by family addiction
- Prevention/intervention services in area schools

Parent Education, Support & Coaching

- Early Childhood Behavioral Health, ages birth - 7
 - Parent-Child Interactive Therapy (PCIT)
 - Promoting First Relationships (PFR)
- Classes and workshops
- Co-counseling
- Support groups
- Parent coaching

Youth & Family Counseling

- Emotional distress
- Depression and anxiety
- Trauma and grief
- Behavioral difficulties
- School-related problems
- Peer and family relationship issues
- Parent-child conflicts
- Sexual or physical abuse counseling, treatment
- On-site school counselors

Education & Prevention Programs

- Counselors in local teen centers
- Mentoring for youth
- Latino outreach programs
- BGLAD for LGBTQ+ youth
- On-site suicide assessments

YES is a nonprofit organization. We accept private insurance, Washington Apple Health (formerly Medicaid), and offer a sliding fee scale schedule. Our services are fully confidential, including when provided at the schools.

Offices in Bellevue, Redmond and Kirkland

More than 60 partner sites in East King County including schools, teen centers and community centers.