

Additional Resources

In addition to the mental health and substance abuse counseling available at YES, families may find the following community resources helpful.

Hotlines

- Alanon/Alateen: 206-625-0000 or online www.wa-al-anon.org
- WA Recovery Help Line: 1-866-1511
- Crisis Clinic 24-hour Crisis Line: 206-461-3222
- Crisis Clinic Teen Link: 206-461-4922 or online www.866teenlink.org
- Safe Place – TXT 4 Help: Text the word “safe” and current zip/city to 69866
- LifeWire, formerly Eastside Domestic Violence Program, 24-hour Crisis Line: 425-746-1940
- National Suicide Hotline: 1-800-Suicide (1-800-984-2433)

Community Resources Listing

Click on these sites for listings of community resources available for food, shelter, medical care, and more.

- [King County 2-1-1 Community Resources Online](#)
- [City of Kirkland Eastside Human Services Resources](#)
- [Washington State Department of Social and Health Services \(DSHS\)](#)

Resources for Victims of Domestic Violence or Sexual Abuse

- [LifeWire](#), formerly Eastside Domestic Violence Program:
Support, housing and advocacy for women facing domestic violence.
- [King County Sexual Assault Resource Center](#):
Comprehensive services for adult victims of sexual assault.
- [Washington Domestic Violence Services](#):
Listings of emergency shelters, advocacy services and specialized services.
- [Children’s Response Center](#):
Services & support for youth under age 18 who have experienced sexual assault.

Other Area Resources

- [Together Center](#):
Access to several human services in one Redmond location.
- [Hopelink](#):
Emergency housing and other services for low-income and homeless families.
- [Boys and Girls Clubs](#):
Programs to help youth reach their full potential.
- [Emergency Feeding Programs](#):

Listings of places in King County to receive an emergency bag of groceries.

- [Friends of Youth:](#)
Emergency shelter for homeless youth (9-18).
- [Jewish Family Services:](#)
Provides ESL classes, employment training and other services to limited English speakers.
- [Kinderling Center:](#)
Early intervention and therapy for children birth to 3 with special needs.
- [Seattle-King County Department of Public Health:](#)
Listings of health care clinics and health services.
- [Eastside Legal Assistance Program:](#)
Legal aid and advice
- [Science And Management of Addictions \(SAMA\):](#)
Information and resources on addictions.

Counseling and Substance Abuse Resources for Surrounding Communities

- [The Center for Human Services:](#) For Shoreline residents.
- Northshore Youth & Family Services: For at-risk youth living in Snohomish County, call 1-425-485-6541
- [Renton Area Youth Services \(RAYS\):](#) For Renton residents.