



Become a YES Success Mentor

Mentorship Works

Research shows that having the positive influence of an adult mentor makes a real difference in the life of a youth. In general, kids with mentors:

- Have better school experiences and improved GPA
- Report improved parent and peer relationships
- Are 46% less likely to initiate drug use and 27% less likely to use alcohol
- Are 33% less likely to engage in physical violence
- Feel a positive sense of belonging in their community and are less likely to join a gang

Success for Kids and Rewards for Adults

The Youth Eastside Services Success mentoring program provides the continuity and caring that may be missing from a young person's life. The program brings success for kids and many rewards for their adult mentors—including the joy of making a difference in the life of a child. The commitment is only 2 to 4 hours each week for one year. The mentees are ages 6 to 17 and come from mostly single parent households. Mentor volunteers are matched with a child based on interests, availability and location.

As a Success mentor, you don't need any experience because you and your mentee build a friendship doing the kinds of activities you already enjoy—hiking in the park, shopping at the mall, sharing a pizza, and playing games. Mentors also emphasize academics by working on homework and skill-building on a regular basis.

Success mentors receive quality training, weekly support and encouragement as they build a trusting friendship with their mentee. YES offers activities and events, such as movie nights, crafts, bowling or other outings—all of which are free to the mentors and their mentees. In addition, we host mini-trainings and support groups for our mentors on a regular basis. And our Success staff are always available to help and advise.

Calling all Men

We have a waiting list of boys living without a male role model in their lives and have a need for male mentors.

About Success

Since 1968, Youth Eastside Services has been a lifeline for kids and families, helping them overcome obstacles such as depression, addiction, abuse and bullying. The Success Mentoring Program has been matching kids and mentors since 1987. Our goal with Success is to help kids in the Bellevue and Lake Washington school districts stay in school and lead happier and healthier lives. Success provides them with one-to-one adult mentors who care about them and want to make a positive difference.

To become a mentor or for more information:

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About YES

Since 1968, YES has been a lifeline for kids and families, offering counseling, treatment, education and prevention services to help youth become healthy, confident and self-reliant and families to be strong, supportive and loving.

Our services include:

Substance Abuse Treatment & Prevention

- Comprehensive youth-specific assessment
- Evidence-based counseling and treatment
- Counseling for co-occurring substance abuse and mental health issues
- Group programs for youth and parents
- Individual and family counseling
- Aftercare and recovery support
- Support for youth impacted by family addiction
- Prevention/intervention services in area schools

Parent Education, Support & Coaching

- Early Childhood Behavioral Health, ages birth - 7
- Parent-Child Interactive Therapy (PCIT)
- Promoting First Relationships (PFR) therapy
- Classes and workshops
- Co-counseling
- Support groups
- Parent coaching

Youth & Family Counseling

- Emotional distress
- Depression and anxiety
- Trauma and grief
- Behavioral difficulties
- School-related problems
- Peer and family relationship issues
- Parent-child conflicts
- Sexual or physical abuse counseling, treatment
- On-site school counselors

Education & Prevention Programs

- Counselors in local teen centers
- Mentoring for youth
- Latino outreach programs
- BGLAD for LGBTQ youth

YES is a nonprofit organization. We accept private insurance, Washington Apple Health (formerly Medicaid), and offer a sliding scale fee schedule. Our services are fully confidential, including when provided at the schools.

Offices in Bellevue, Redmond and Kirkland

More than 60 partner sites in East King County including schools, teen centers and community centers.



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